

Developmental Assets Profile

Self-Report for Ages 11-18

Name / ID: _____ Grade: _____ Sex: ☐ Male ☐ Female ☐ Transgender, Male-to-Female

☐ Transgender, Female-to-Male ☐ Transgender, do not identify exclusively Male or Female ☐ Not sure

Race/Ethnicity (Check all that apply):

☐ Black or African American

☐ Native Hawaiian or Other Pacific Islander

☐ American Indian or Alaska Native

☐ Hispanic or Latino/Latina

☐ Other (please specify): _____

☐ Asian

☐ White

Instructions: Below is a list of positive things that you might have in yourself, your family, friends, neighborhood, school, and community. For each item that describes you **now or within the past 3 months**, check if the item is true: **Not At All or Rarely, Somewhat or Sometimes, Very or Often, Extremely or Almost Always**. If you do not want to answer an item, leave it blank. But please try to answer all items as best you can.

I...	Not At All or Rarely	Somewhat or Sometimes	Very or Often	Extremely or Almost Always
1. Stand up for what I believe in.	☐	☐	☐	☐
2. Feel in control of my life and future.	☐	☐	☐	☐
3. Feel good about myself.	☐	☐	☐	☐
4. Avoid things that are dangerous or unhealthy.	☐	☐	☐	☐
5. Enjoy reading or being read to.	☐	☐	☐	☐
6. Build friendships with other people.	☐	☐	☐	☐
7. Care about school.	☐	☐	☐	☐
8. Do my homework.	☐	☐	☐	☐
9. Stay away from tobacco, alcohol, and other drugs.	☐	☐	☐	☐
10. Enjoy learning.	☐	☐	☐	☐
11. Express my feelings in proper ways.	☐	☐	☐	☐
12. Feel good about my future.	☐	☐	☐	☐
13. Seek advice from my parents.	☐	☐	☐	☐
14. Deal with frustration in positive ways.	☐	☐	☐	☐
15. Overcome challenges in positive ways.	☐	☐	☐	☐
16. Think it is important to help other people.	☐	☐	☐	☐
17. Feel safe and secure at home.	☐	☐	☐	☐
18. Plan ahead and make good choices.	☐	☐	☐	☐
19. Resist bad influences.	☐	☐	☐	☐
20. Resolve conflicts without anyone getting hurt.	☐	☐	☐	☐
21. Feel valued and appreciated by others.	☐	☐	☐	☐
22. Take responsibility for what I do.	☐	☐	☐	☐
23. Tell the truth even when it is not easy.	☐	☐	☐	☐
24. Accept people who are different from me.	☐	☐	☐	☐
25. Feel safe at school.	☐	☐	☐	☐

Please continue to page two of the survey.

Note: The term “Parent(s)” means 1 or more adults who are responsible for raising you.

		Not At All or Rarely	Somewhat or Sometimes	Very or Often	Extremely or Almost Always
I am...					
26.	Actively engaged in learning new things.	☐	☐	☐	☐
27.	Developing a sense of purpose in my life.	☐	☐	☐	☐
28.	Encouraged to try things that might be good for me.	☐	☐	☐	☐
29.	Included in family tasks and decisions.	☐	☐	☐	☐
30.	Helping to make my community a better place.	☐	☐	☐	☐
31.	Involved in a religious group or activity.	☐	☐	☐	☐
32.	Developing good health habits.	☐	☐	☐	☐
33.	Encouraged to help others.	☐	☐	☐	☐
34.	Involved in a sport, club, or other group.	☐	☐	☐	☐
35.	Trying to help solve social problems.	☐	☐	☐	☐
36.	Given useful roles and responsibilities.	☐	☐	☐	☐
37.	Developing respect for other people.	☐	☐	☐	☐
38.	Eager to do well in school and other activities.	☐	☐	☐	☐
39.	Sensitive to the needs and feelings of others.	☐	☐	☐	☐
40.	Involved in creative things such as music, theater, or art.	☐	☐	☐	☐
41.	Serving others in my community.	☐	☐	☐	☐
42.	Spending quality time at home with my parent(s).	☐	☐	☐	☐
I have...					
43.	Friends who set good examples for me.	☐	☐	☐	☐
44.	A school that gives students clear rules.	☐	☐	☐	☐
45.	Adults who are good role models for me.	☐	☐	☐	☐
46.	A safe neighborhood.	☐	☐	☐	☐
47.	Parent(s) who try to help me succeed.	☐	☐	☐	☐
48.	Good neighbors who care about me.	☐	☐	☐	☐
49.	A school that cares about kids and encourages them.	☐	☐	☐	☐
50.	Teachers who urge me to develop and achieve.	☐	☐	☐	☐
51.	Support from adults other than my parents.	☐	☐	☐	☐
52.	A family that provides me with clear rules.	☐	☐	☐	☐
53.	Parent(s) who urge me to do well in school.	☐	☐	☐	☐
54.	A family that gives me love and support.	☐	☐	☐	☐
55.	Neighbors who help watch out for me.	☐	☐	☐	☐
56.	Parent(s) who are good at talking with me about things.	☐	☐	☐	☐
57.	A school that enforces rules fairly.	☐	☐	☐	☐
58.	A family that knows where I am and what I am doing.	☐	☐	☐	☐

Thank you for completing this survey.